

What Happens Next?

1. Take time to think about the study and talk to your friends and family if you wish.
2. If you have any questions, write them below and feel free to ask the research nurse when they contact you.
3. You will receive a call from the research nurse within one week of your initial GP visit. They will discuss the study in more detail and invite you to take part.

Any Questions?

Please write any questions you may have here, so you can ask the research nurse when you speak to them.



Centre for
Trials Research
Canolfan
Ymchwil Treialon

The Newcastle Upon
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NHS Foundation Trust



UNIVERSITY OF
BIRMINGHAM



Local Contact Details

PRIMUS

Primary care Management of lower Urinary tract Symptoms in men:
Development and validation of a diagnostic and decision-making aid.

Patient Information Summary Leaflet

What is involved?

All patients will receive the same tests; some simple tests (following best practice) and a specialist test (usually completed in hospital if the patient is referred to urology).

*** For more information on the aims of the study please see the [PriMUS Patient Information Sheet](#)***

Benefits of entering the study

- You will have a thorough investigation of your urinary symptoms within a few weeks of seeing your GP.
- You will receive a high street shopping voucher to a value of £30 to cover any travel expenses incurred whilst taking part in the study.

Risks of entering the study

All men will have a urodynamics test, after which you may experience some side effects including;

- A little blood with the urine when you pass water for the first time,
- Bladder infection (5 in 100),
- Urine retention (less than 1 in 100).

Remember

- ◆ You do not have to enter the study if you don't want to; consent is voluntary!
- ◆ If you do not want to enter the study, your care will continue as usual.
- ◆ Your data will remain confidential.

Screening and Confirmation of Eligibility

The GP will confirm that you are eligible to enter the study. The test results needed to confirm eligibility are: digital rectal examination, physical examination and prostate specific antigen blood test.

Study Visit (Part A)

- Consent (*If not already taken in GP Visit*).
- Collection of Bladder Diary (instructed by nurse to complete prior to visit).
- Complete two self-reported questionnaires.
- Answer some questions regarding your medical history and record some other information (height, weight, etc).

Study Visit (Part B)

- Urodynamics reference test. You will have been provided with a leaflet containing information of what to expect.
- Home Flowtaker – Following the test you will be given a 'flowtaker' to use at home, this is similar to a weighing scale with a jug. The nurse will provide you with specific instructions on how to use these.

Follow Up Phone Call

The nurse who conducted your urodynamics test will give you a call 3 days after the test to see how you are doing and ask you a couple of questions. You will also have an opportunity to ask any questions.

If the nurse then feels that you are not experiencing any ongoing side effects from the urodynamics, you will be asked to start using the **home flowtaker**.

Follow Up

Once all the results of your tests are available, they will be fed back to your GP for further treatment and management of your LUTS.